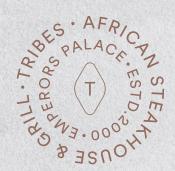
# TRIBES

AFRICAN STEAKHOUSE & GRILL



# R295p/p

### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

#### **CHICKEN BREAST**

chicken breast prepared with a choice of lemon and herb, peri-peri or creamy basil pesto sauce

OR

#### **PORK BELLY**

slow roasted belly, served with your choice of starch

OR

#### RUMP/SIRLOIN

300g rump or sirloin, served with your choice of starch

OR

#### HAKE

delicate, lightly dusted grilled or fried, served with lemon butter or tartare sauce

OF

#### **O VEGETABLE PASTA**

fresh sautéed vegetables tossed in a pesto sauce (served with penne)

### **DESSERT**

#### CHOOSE ONE OF THE FOLLOWING:

#### ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

#### MALVA PUDDING

individual portions of traditional malva pudding, served with custard

OR

#### PEPPERMINT CRISP TART

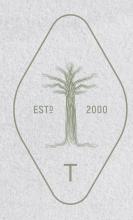
decadent caramel topped with minty sweet peppermint crisp in a biscuit base



# TRIBES

AFRICAN STEAKHOUSE & GRILL

# AYOBA MENU R400p/p



### STARTERS

#### CHOOSE ONE OF THE FOLLOWING:

#### **BAGUETTE**

cheese and garlic bread

OR

#### **BOEREWORS**

traditional South African sausage, served on a bed of pap and sauce

OR

#### **O** CONGO BLACK MUSHROOMS

grilled black mushroom topped with creamed spinach and smothered with cheddar cheese

#### CHICKEN LIVERS

sauteed in a mild peri-peri sauce

### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

#### **CALAMARI TUBES**

tender falkland calamari tubes smothered in your choice of either creamy lemon butter or spicy sweet chilli sauce

OR

#### CHICKEN BREAST

chicken breast prepared with a choice of lemon and herb, peri-peri or creamy basil pesto sauce

#### **SAUCY STEAK**

200g sirloin, served with your choice of sauce

#### **400G BEEF OR PORK RIBS**

choice of beef or pork ribs, grilled and basted to perfection

#### **W** VEGETABLE PASTA

fresh sautéed vegetables tossed in a pesto sauce (served with penne)

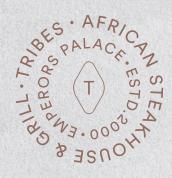
SERVED WITH A SPECIALITY COFFEE / DON PEDRO / ICE CREAM WITH BAR ONE SAUCE



# TRIBES

AFRICAN STEAKHOUSE & GRILL

# **UBUNTU MENU** R470p/p



#### STARTERS

#### CHOOSE ONE OF THE FOLLOWING:

prepared in a creamy garlic sauce with a choice of blue or cheddar cheese

#### **BOEREWORS**

traditional South African sausage, served on a bed of pap and sauce

MAPUTO CHICKEN LIVERS chicken livers sautéed in a peri-peri sauce

OR

tender falkland calamari tubes smothered in your choice of either creamy lemon butter or spicy sweet chili sauce

#### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

**200G FILLET** 200g fillet, served with your choice of starch

#### **PORK BELLY**

slow roasted belly, served with your choice of starch

**CHICKEN SKEWER** tender boneless thighs, served with lemon and herb, creamy peri-peri or BBQ sauce

#### HAKE & CALAMARI

hake and calamari, served with your choice of starch

### **FILLET & MUSHROOM PASTA**

sautèed in a creamy white wine sauce and spices (served with penne)



#### **VEGETABLE PLATTER**

baked potato topped with stir fried veg and pesto sauce, vegetarian spring rolls with sweet chilli and haloumi

#### DESSERT

#### CHOOSE ONE OF THE FOLLOWING:

#### ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

**PEPPERMINT CRISP TART** decadent caramel topped with minty sweet peppermint crisp in a biscuit base

#### MALVA PUDDING

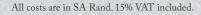
individual portions of traditional malva pudding, served with custard

#### **NUTELLA LAVA**

nutella cake served with ice cream



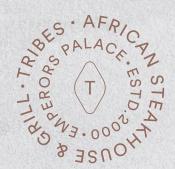






AFRICAN STEAKHOUSE & GRILL

# ISIBAYA MENU R485p/p



### **STARTERS**

#### CHOOSE ONE OF THE FOLLOWING:

#### PRAWN & AVOCADO COCKTAIL

succulent prawns in a tangy island sauce

OR

#### **HALOUMI & BACON**

haloumi cheese wrapped with bacon and served with sweet chilli

OF

#### SNAHS

prepared in a creamy garlic sauce with a choice of blue or cheddar cheese

OF

#### MAPUTO CHICKEN LIVERS

chicken livers sautéed in a peri-peri sauce

OR

#### WAGYU CARPACCIO

thinly sliced and spiced premium wagyu cuts

#### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

#### **500G T-BONE**

500g t-bone, served with your choice of starch

OR

#### SIRLOIN ROYALE

300g sirloin, cheese and mushroom crowned with bone marrow

OR

#### **CHICKEN & CHOPS**

lemon and herb or peri-peri grilled chicken, served with succulent lamb chops

OR

#### **400G BEEF OR PORK RIBS**

choice of beef or pork ribs, grilled and basted to perfection

OR

#### KINGKLIP

fresh kingklip, grilled and served with lemon butter

OF

#### SPATCHCOCK CHICKEN

grilled to perfection, with a choice of lemon herb or peri-peri

OR



### VEGETABLE PLATTER

baked potato topped with stir fried veg and pesto sauce, vegetarian spring rolls with sweet chilli and haloumi

#### DESSERT

#### CHOOSE ONE OF THE FOLLOWING:

#### ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

#### MALVA PUDDING

individual portions of traditional malva pudding, served with caramel

OR

#### **NUTTELA LAVA**

nutella cake served with ice cream

OR

BAR ONE CHEESECAKE





