



INKOSI MENU

R320 p/p

MAIN MEAL

CHOOSE ONE OF THE FOLLOWING:

CHICKEN BREAST – Grilled or Schnitzel

grilled option with a choice of lemon and herb, peri-peri or creamy basil pesto sauce

OR

PORK BELLY

slow roasted belly, served with your choice of starch

OR

RUMP/SIRLOIN

300g rump or sirloin, served with your choice of starch

OR

HAKE

delicate, lightly dusted grilled or fried, served with lemon butter or tartare sauce

OR

 **VEGETABLE PASTA**

fresh sautéed vegetables tossed in a pesto sauce (served with penne)

DESSERT

CHOOSE ONE OF THE FOLLOWING:

ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

MALVA PUDDING

individual portions of traditional malva pudding, served with custard

OR

PEPPERMINT CRISP TART

decadent caramel topped with minty sweet peppermint crisp in a biscuit base

TRIBES

AFRICAN STEAKHOUSE & GRILL



AYOBA MENU

R430 p/p

STARTERS

CHOOSE ONE OF THE FOLLOWING:

BAGUETTE

cheese and garlic bread

OR

BOEREWORS

traditional South African sausage, served on a bed of pap and sauce

OR

CONGO BLACK MUSHROOMS

grilled black mushroom topped with creamed spinach and smothered with cheddar cheese

OR

CHICKEN LIVERS

sautéed in a mild peri-peri sauce

MAIN MEAL

CHOOSE ONE OF THE FOLLOWING:

CALAMARI TUBES

tender falkland calamari tubes smothered in your choice of either creamy lemon butter or spicy sweet chilli sauce

OR

CHICKEN BREAST - Grilled or Schnitzel

grilled option with a choice of lemon and herb, peri-peri or creamy basil pesto sauce

OR

SAUCY STEAK

200g sirloin, served with your choice of sauce

OR

400G BEEF OR PORK RIBS


choice of beef or pork ribs, grilled and basted to perfection

OR

VEGETABLE PASTA

fresh sautéed vegetables tossed in a pesto sauce (served with penne)

SERVED WITH A SPECIALITY COFFEE / DON PEDRO / ICE CREAM WITH BAR ONE SAUCE

 Vegetarian

 Favourites

All costs are in SA Rand. 15% VAT included.

TRIBES AFRICA.CO.ZA

TRIBES

AFRICAN STEAKHOUSE & GRILL



UBUNTU MENU

R485 p/p

STARTERS

CHOOSE ONE OF THE FOLLOWING:

SNAILS

prepared in a creamy garlic sauce with a choice of blue or cheddar cheese

OR

BOEREWORS

traditional South African sausage, served on a bed of pap and sauce

OR

MAPUTO CHICKEN LIVERS

chicken livers sautéed in a peri-peri sauce

OR

CALAMARI

tender falkland calamari tubes smothered in your choice of either creamy lemon butter or spicy sweet chili sauce

MAIN MEAL

CHOOSE ONE OF THE FOLLOWING:

200G FILLET

200g fillet, served with your choice of starch

OR

PORK BELLY

slow roasted belly, served with your choice of starch

OR

CHICKEN SKEWER

tender boneless thighs, served with lemon and herb, creamy peri-peri or BBQ sauce

OR

HAKE & CALAMARI

hake and calamari, served with your choice of starch

OR

FILLET & MUSHROOM PASTA

sautéed in a creamy white wine sauce and spices (served with penne)

OR



VEGETABLE PLATTER

baked potato topped with stir fried veg and pesto sauce, vegetarian spring rolls with sweet chilli and haloumi

DESSERT

CHOOSE ONE OF THE FOLLOWING:

ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

PEPPERMINT CRISP TART

decadent caramel topped with minty sweet peppermint crisp in a biscuit base

OR

MALVA PUDDING

individual portions of traditional malva pudding, served with custard

OR

BAR ONE CHEESECAKE

freshly baked creamy cheese cake

TRIBES

AFRICAN STEAKHOUSE & GRILL



ISIBAYA MENU

R510 p/p

STARTERS

CHOOSE ONE OF THE FOLLOWING:

PRAWN & AVOCADO COCKTAIL

succulent prawns in a tangy island sauce

OR

HALOUMI & BACON

haloumi cheese wrapped with bacon and served with sweet chilli

OR

SNAILS

prepared in a creamy garlic sauce with a choice of blue or cheddar cheese

OR

MAPUTO CHICKEN LIVERS

chicken livers sautéed in a peri-peri sauce

OR

BOEREWORS

african sausage served with pap and sauce

MAIN MEAL

CHOOSE ONE OF THE FOLLOWING:

500G T-BONE

500g t-bone, served with your choice of starch

OR

SIRLOIN ROYALE

300g sirloin, cheese and mushroom crowned with bone marrow

OR

CHICKEN & CHOPS

lemon and herb or peri-peri grilled chicken, served with succulent lamb chops

OR

400G BEEF OR PORK RIBS

choice of beef or pork ribs, grilled and basted to perfection

OR

KINGKLIP

fresh kingklip, grilled and served with lemon butter

OR

SPATCHCOCK CHICKEN

grilled to perfection, with a choice of lemon herb or peri-peri

OR



VEGETABLE PLATTER

baked potato topped with stir fried veg and pesto sauce, vegetarian spring rolls with sweet chilli and haloumi

DESSERT

CHOOSE ONE OF THE FOLLOWING:

ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

MALVA PUDDING

individual portions of traditional malva pudding, served with caramel

OR

BISCHOFF CHOC BROWNIE

Caramel and buttery notes in a sticky brownie

OR

BAR ONE CHEESECAKE



Vegetarian



Favourites

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TRIBES AFRICA.CO.ZA