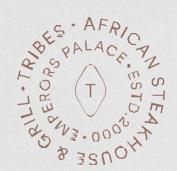
## TRIBES

AFRICAN STEAKHOUSE & GRILL



# R320 p/p

### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

### CHICKEN BREAST - Grilled or Schnitzel

grilled option with a choice of lemon and herb, peri-peri or creamy basil pesto sauce

OR

#### **PORK BELLY**

slow roasted belly, served with your choice of starch

OR

#### RUMP/SIRLOIN

300g rump or sirloin, served with your choice of starch

OR

#### HAKE

delicate, lightly dusted grilled or fried, served with lemon butter or tartare sauce

OR

#### **O VEGETABLE PASTA**

fresh sautéed vegetables tossed in a pesto sauce (served with penne)

#### **DESSERT**

#### CHOOSE ONE OF THE FOLLOWING:

#### ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

#### **MALVA PUDDING**

individual portions of traditional malva pudding, served with custard

OR

#### PEPPERMINT CRISP TART

decadent caramel topped with minty sweet peppermint crisp in a biscuit base



### TRIBES

AFRICAN STEAKHOUSE & GRILL

# AYOBA MENU R430 p/p



### **STARTERS**

#### CHOOSE ONE OF THE FOLLOWING:

#### BAGUETTE

cheese and garlic bread

OR

#### **BOEREWORS**

traditional South African sausage, served on a bed of pap and sauce

OR

#### O CONGO BLACK MUSHROOMS

grilled black mushroom topped with creamed spinach and smothered with cheddar cheese

OR

#### **CHICKEN LIVERS**

sauteed in a mild peri-peri sauce

#### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

#### CALAMARI TUBES

tender falkland calamari tubes smothered in your choice of either creamy lemon butter or spicy sweet chilli sauce

OR

### **CHICKEN BREAST - Grilled or Schnitzel**

grilled option with a choice of lemon and herb, peri-peri or creamy basil pesto sauce

OR

#### SAUCY STEAK

200g sirloin, served with your choice of sauce

OK

#### **400G BEEF OR PORK RIBS**

choice of beef or pork ribs, grilled and basted to perfection

OR

#### **O VEGETABLE PASTA**

fresh sautéed vegetables tossed in a pesto sauce (served with penne)

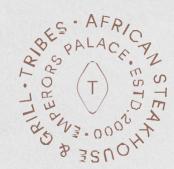
SERVED WITH A SPECIALITY COFFEE / DON PEDRO / ICE CREAM WITH BAR ONE SAUCE



### TRIBES

AFRICAN STEAKHOUSE & GRILL

# UBUNTU MENU R485 p/p



#### **STARTERS**

#### CHOOSE ONE OF THE FOLLOWING:

#### SNAILS

prepared in a creamy garlic sauce with a choice of blue or cheddar cheese

OF

#### **BOEREWORS**

traditional South African sausage, served on a bed of pap and sauce

OR

#### MAPUTO CHICKEN LIVERS

chicken livers sautéed in a peri-peri sauce

OR

#### CALAMARI

tender falkland calamari tubes smothered in your choice of either creamy lemon butter or spicy sweet chili sauce

#### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

#### **200G FILLET**

200g fillet, served with your choice of starch

OR

#### **PORK BELLY**

slow roasted belly, served with your choice of starch

OR

#### CHICKEN SKEWER

tender boneless thighs, served with lemon and herb, creamy peri-peri or BBQ sauce

OR

#### HAKE & CALAMARI

hake and calamari, served with your choice of starch

OR

#### FILLET & MUSHROOM PASTA

sautèed in a creamy white wine sauce and spices (served with penne)

OR



#### **VEGETABLE PLATTER**

baked potato topped with stir fried veg and pesto sauce, vegetarian spring rolls with sweet chilli and haloumi

#### DESSERT

#### CHOOSE ONE OF THE FOLLOWING:

#### ICE CREAM WITH BAR ONE SAUCE

rich vanilla ice cream covered with warm bar one sauce

OR

#### PEPPERMINT CRISP TART

decadent caramel topped with minty sweet peppermint crisp in a biscuit base

OR

#### **MALVA PUDDING**

individual portions of traditional malva pudding, served with custard

OF

#### **BAR ONE CHEESECAKE**

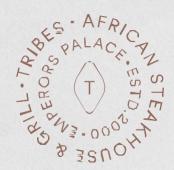
freshly baked creamy cheese cake





AFRICAN STEAKHOUSE & GRILL

# ISIBAYA MENU R510 p/p



#### STARTERS

#### CHOOSE ONE OF THE FOLLOWING:

#### **PRAWN & AVOCADO COCKTAIL**

succulent prawns in a tangy island sauce

#### HALOUMI & BACON

haloumi cheese wrapped with bacon and served with sweet chilli

prepared in a creamy garlic sauce with a choice of blue or cheddar cheese

#### MAPUTO CHICKEN LIVERS

chicken livers sautéed in a peri-peri sauce

#### **BOEREWORS**

african sausage served with pap and sauce

### MAIN MEAL

#### CHOOSE ONE OF THE FOLLOWING:

#### **500G T-BONE**

500g t-bone, served with your choice of starch

OR

#### SIRLOIN ROYALE

300g sirloin, cheese and mushroom crowned with bone marrow

**CHICKEN & CHOPS** lemon and herb or peri-peri grilled chicken, served with succulent lamb chops

#### **400G BEEF OR PORK RIBS**

choice of beef or pork ribs, grilled and basted to perfection

fresh kingklip, grilled and served with lemon butter

#### SPATCHCOCK CHICKEN

grilled to perfection, with a choice of lemon herb or peri-peri



baked potato topped with stir fried veg and pesto sauce, vegetarian spring rolls with sweet chilli and haloumi

#### DESSERT

#### CHOOSE ONE OF THE FOLLOWING:

#### **ICE CREAM WITH BAR ONE SAUCE**

rich vanilla ice cream covered with warm bar one sauce

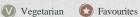
#### **MALVA PUDDING**

individual portions of traditional malva pudding, served with caramel

#### **BISCHOFF CHOC BROWNIE**

Caramel and buttery notes in a sticky brownie

**BAR ONE CHEESECAKE** 





All costs are in SA Rand. 15% VAT included.